

Sensory Journey

Guidelines

- ♦ Keep students involved at all times
- ♦ Develop sense of curiosity; add information gradually so they can “discover” the trip as it unfolds
- ♦ Use pantomime, statue, and freeze techniques
- ♦ Include the use of all five senses
- ♦ Ask questions and use students’ responses
- ♦ Include surprises along the way
- ♦ Have a clear plan for the journey with a beginning, middle and ending
- ♦ Keep fairly short, can increase length as students gain experience
- ♦ After journey is completed, provide a way for students to share their experiences