



## **Dance and Descriptive Writing**

1. Discuss the differences between sustained and percussive movements
2. View a demonstration dance containing both types of movement
3. Make two lists of verbs, one sustained, the other percussive
4. Provide a topic for the dance
5. Working in groups of six, students select two percussive and two sustained verbs from the list as well as a fifth verb which may be either
6. Using an ABBA pattern, three members of the group perform 8 counts of a percussive movement, the other three members respond with an 8 count sustained movement
7. The second group then performs 8 counts of percussive movement, the first group responds with 8 counts of sustained movement
8. An 8 count ending is either sustained or percussive and brings the two groups together or further separates them
9. The group of six creates one or two paragraphs using the five verbs and adding adverbs to describe the movements in detail or create metaphors, similes or poetry
10. Share the writing with the entire group